

Cosmological Effective Hamiltonian from full Loop Quantum Gravity

Andrea Dapor and Klaus Liegener

Friedrich Alexander University Erlangen-Nurnberg
Based on arxiv:1706.09833

andrea.dapor@gravity.fau.de, klaus.liegener@gravity.fau.de

International Loop Quantum Gravity Seminar
26th September 2017



ERLANGEN CENTRE
FOR ASTROPARTICLE
PHYSICS



FRIEDRICH-ALEXANDER
UNIVERSITÄT
ERLANGEN-NÜRNBERG

NATURWISSENSCHAFTLICHE
FAKULTÄT

- The *effective dynamics program* [Ashtekar, Pawłowski, Singh '06] had much success by giving an excellent approximation to the exact quantum corrections of LQC, e.g. big bounce
- Its idea was the following: Take the classical cosmological Hamiltonian

$$H_{\text{cos}}(p, c) \sim \sqrt{p}c^2 \quad (1)$$

where (c, p) are obtained from the Ashtekar-Barbero variables (A, E) of the isotropic spacetime by fixing a fiducial Minkowski metric:

$$A_a^I = c\delta_a^I, \quad E_I^a = p\delta_I^a \quad (2)$$

- By a *loop-inspired quantization* one promotes this to the LQC Hamiltonian constraint operator $\bar{\mu}$ -scheme: $\lambda^2 = \ell_P^2 2\sqrt{3}\pi\beta$):

$$\hat{H}_{\text{LQC}} \sim \frac{\hat{N}_\lambda - \hat{N}_{-\lambda}}{2\lambda} \hat{V} \frac{\hat{N}_\lambda - \hat{N}_{-\lambda}}{2\lambda} \hat{V} \quad (3)$$

- It was shown that the *LQC coherent states*

$$\psi_{coh}^{LQC}(v) = \int_0^\infty dk e^{-\frac{(k-k_0)^2}{2\sigma^2}} e_k(v), \quad \hat{H}_{LQC} e_k = 12\pi G k^2 e_k \quad (4)$$

are stable under the evolution produced by \hat{H}_{LQC} .

- When evaluating the expectation value of \hat{H}_{LQC} on ψ_{coh}^{LQC} , one obtains the *effective Hamiltonian*:

$$H_{\text{eff}}(p, c) \sim \sqrt{p} \frac{\sin(c\bar{\mu})^2}{\bar{\mu}^2}, \quad \bar{\mu} = \lambda/\sqrt{p} \quad (5)$$

Quantum evolution of state (4) is well approximated by classical evolution by H_{eff} .

- Moreover the framework of QRLG produces the same effective Hamiltonian [Alesci, Cianfrani '14]

Can we repeat this effective dynamics program in the full theory?

Can we repeat this effective dynamics program in the full theory?

- 1 Choose a suitable *full-theory coherent state* $\Psi_{(c,p)}$ which resembles isotropic cosmology peaked on (c, p)
- 2 Calculate the expectation values of basic polynomials in (\hat{h}, \hat{E}) on said $\Psi_{(c,p)}$, e.g. kinematical observables like the volume
- 3 Plug everything together to obtain the expectation value of the *physical Hamiltonian* $\langle \hat{H} \rangle_{(c,p)}$, i.e. a candidate for the *effective Hamiltonian*
- 4 Show that $\Psi_{(c,p)}$ also stay peaked under evolution of \hat{H} (*OPEN*)
- 5 Compare the effective dynamics of LQC with the one of LQG (*or at least of a toy-model*)

(brief) Recap of LQG

- We perform a canonical quantization of general relativity in its formulation of the canonical pair (A_a^I, E_I^a) known as the Ashtekar-Barbero variables
- The kinematical Hilbertspace \mathcal{H}_{kin} is the set of *all* graphs γ , where on every edge e lives an square integrable function over $\text{SU}(2)$, i.e.

$$\mathcal{H}_{\text{kin}} = \bigotimes_{e \in \gamma} \mathcal{H}_e, \quad \mathcal{H}_e \cong L_2(\text{SU}(2), d\mu_H) \quad (6)$$

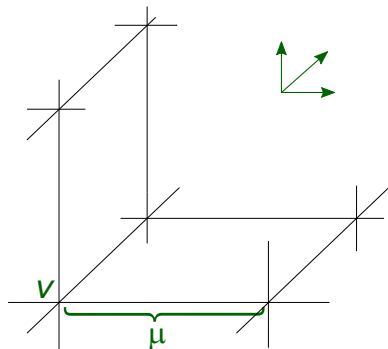
- Holonomy- and flux-operators act on them in the usual way:

$$\hat{h}_{ab}(e)f_e(g) := D_{ab}^{(1/2)}(g)f_e(g) \quad (7)$$

$$\hat{E}^k(S_e)f_e(g) := -\frac{i\hbar\kappa\beta}{4} \frac{d}{ds} \Big|_{s=0} f_e(e^{-is\sigma_k}g) \quad (8)$$

The graph

To perform the effective dynamics program, we have to pick a *suitable* state:



- A cubic lattice, i.e. every vertex has valence 6, with periodic boundaries, i.e. a 3-torus $T^3 = S^1 \times S^1 \times S^1$
- We embed each edge e along the coordinate axes
- Associate with every edge the *coordinate length* μ
- Finally, the $SU(2)$ -function on each edge is assigned to a semi-classical *coherent state* of the classical variables along this path.

Complexifier coherent states

- The *complexifier coherent states* ψ_{e,h_e} for gauge group $SU(2)$ are given on each edge e by [Thiemann, Winkler '00]

$$\psi_{e,h_e}^t(g) := \frac{1}{\|\psi_{e,h_e}\|} \sum_{j=0}^{\infty} (2j+1) e^{-j(j+1)t} \sum_{m=-j}^j e^{izm} D_{mm}^{(j)}(n_e^\dagger g n'_e)$$

with the *semiclassicality parameter* t being any dimensionless number (e.g. $t = \ell_p^2/a^2$) and the $SL(2, \mathbb{C})$ element:

$$h_e = n_e e^{-iz_e \sigma_3/2} n'_e{}^\dagger \quad (9)$$

- For the cosmological coherent state we choose on every link $n_e = n'_e \in SU(2)$ and $z = \mu c - i\mu^2 a^{-2} \beta^{-1} p$

$$\Psi_{(c,p)} := \bigotimes_{e \in \mathbb{Z}_M^3} \psi_{e,n_e}^t \exp(-iz\sigma_3/2) n_e^\dagger \quad (10)$$

Calculation of the expectation values

In order to obtain the expectation values one needs knowledge of the $SU(2)$ -calculus, e.g.:

$$D_{ab}^{(j_1)}(g)D_{cd}^{(j_2)}(g) = \sum_{j=|j_1-j_2|}^{j_1+j_2} d_j (-1)^{m-n} \begin{pmatrix} j_1 & j_2 & j \\ a & c & m \end{pmatrix} \begin{pmatrix} j_1 & j_2 & j \\ b & d & n \end{pmatrix} D_{-m-n}^{(j)}(g) \quad (11)$$

and

$$\int d\mu_H(g) \overline{D_{mn}^{(j)}(g)} D_{m'n'}^{(j')}(g) = \frac{1}{d_j} \delta_{jj'} \delta_{mm'} \delta_{nn'} \quad (12)$$

which allows us to calculate $h_e = n \exp(\xi + i\eta) n^\dagger$

$$\begin{aligned} \langle \psi_{e,h_e}, \hat{h}_{ab} \psi_{e,h_e} \rangle &= e^{i\xi c} D_{ac}^{(1/2)}(n) D_{cb}^{(1/2)}(n^\dagger) e^{-\eta(m+m')} \times \\ &\times \sum_{j,j'} d_j d_{j'} e^{-t[j(j+1)+j'(j'+1)]/2} \begin{pmatrix} 1/2 & j & j' \\ c & m & -m' \end{pmatrix}^2 \end{aligned} \quad (13)$$

Theorem: (Poisson Summation Formula) Let $f \in L_1(\mathbb{R}, dx)$, then

$$\sum_{n \in \mathbb{Z}} f(ns) = \sum_{m \in \mathbb{Z}} \int_{\mathbb{R}} dx e^{-i2\pi m x} f(sx) \quad (14)$$

Applying this changes $e^{-tn(n+1)/2} \rightarrow e^{-4\pi^2 m^2/t}$ which decays for $t \rightarrow 0$ extremely fast unless $m = 0$. We conclude that for $1 \gg t$ the sum over m collapses to only one term!

Evaluating said one yields finally:

$$\begin{aligned} \langle \psi_{e, h_e}, \hat{h}_{ab} \psi_{e, h_e} \rangle &= D_{ab}^{(1/2)} (n e^{-i\mu c \sigma_3/2} n^\dagger) \times \\ &\times \left[1 + t \frac{3}{16} - t \frac{a^2 \beta}{4\mu^2 p} \tanh\left(\frac{\mu^2 p}{2a^2 \beta}\right) + \mathcal{O}(t^2) \right] \end{aligned} \quad (15)$$

To continue with computing the expectation value of monomials of the fluxes \hat{E}^k , one needs two observations:

Theorem: (Cyclicity Property) Be ψ_h as coherent state with $h = e^{-i\mu c\sigma_3/2}$, then

$$\langle \psi_h, \hat{E}^{k_1} \dots \hat{E}^{k_N} \psi_h \rangle = e^{-2k_N \frac{\mu^2 p}{a^2 \beta}} \langle \psi_h \hat{E}^{k_N} \hat{E}^{k_1} \dots \hat{E}^{k_{N-1}} \psi_h \rangle \quad (16)$$

Further, as \hat{E}^k is subject to the algebraic relations ($k_i \neq 0$)

$$[\hat{E}^{k_1}, \hat{E}^{k_2}] \sim -i(k_1 - k_2)\hat{E}^0, \quad [\hat{E}^k, \hat{E}^0] \sim -2ik\hat{E}^k \quad (17)$$

we could also permute the \hat{E}^{k_N} in (16) accordingly!

Combining (16) and (17) suitably one finds at the end:

$$\begin{aligned}
 \langle \psi_{h_e}, \hat{E}^{k_1} \dots \hat{E}^{k_N} \psi_{h_e} \rangle &= D_{-k_1 s_1}^{(1)}(n) \dots D_{-k_N s_N}^{(1)}(n) \left[\delta_0^{s_1} \dots \delta_0^{s_N} (i\partial_\eta)^N - \right. \\
 &\quad \left. - \frac{i}{\sinh(\eta)} \sum_{A < B=1}^N \delta_0^{s_1 \dots \cancel{s_A} \dots \cancel{s_B} \dots s_N} (\delta_1^{s_A} \delta_{-1}^{s_B} e^\eta + \delta_{-1}^{s_A} \delta_1^{s_B} e^{-\eta}) (i\partial_\eta)^{N-1} \right] \times \\
 &\quad \times 2e^{t/4} \left(-\frac{i\hbar\kappa\beta}{4} \right)^N \sqrt{\frac{\pi}{t^3}} \frac{\eta e^{\eta^2/t}}{\sinh(\eta)} \Big|_{\eta=\frac{\mu^2 p}{a^2 \beta}}
 \end{aligned} \tag{18}$$

This gives peakedness on the classical phase space variable plus additional quantum correction for any N . E.g. $N = 1$:

$$\langle \psi_{e, h_e}, \hat{E}^k \psi_{e, h_e} \rangle = \mu^2 p D_{-k_0}^{(1)}(n) [1 + t \left(\frac{a^2 \beta}{\mu^2 p} + \coth\left(\frac{\mu^2 p}{a^2 \beta}\right) \right) + \mathcal{O}(t^2)] \tag{19}$$

The Volume Operator I

Example: A kinematic operator, which is crucial for defining the dynamics, is the Volume!

- A definition which is consistent with the flux-operators is the *Ashtekar-Lewandowski volume operator* [98]

$$\hat{V}(R) := \sum_{v \in R} \hat{V}_v^{AL} \sim \sum_{v \in R} \sqrt{|\hat{Q}_v|} \quad (20)$$

$$\hat{Q}_v := i \sum_{e \cap e' \cap e'' = v} \epsilon(e, e', e'') \epsilon_{ijk} \hat{E}^i(e) \hat{E}^j(e') \hat{E}^k(e'') \quad (21)$$

- The square-root makes analytical treatment nearly impossible as long as we don't know the spectrum of \hat{Q}_v !

Is there a work-around?

Maybe a power-series of $\sqrt{|\cdot|}$?

- An alternative definition instead of $\hat{V}_v^{AL} = \sqrt{|\hat{Q}_v|}$ we call the *Giesel-Thiemann volume operator*

$$\hat{V}_{k,v}^{GT} := \langle \hat{Q}_v \rangle^{1/2} \left[\mathbb{1} + \sum_{n=1}^{2k+1} \frac{(-1)^{n+1}}{n!} \frac{1}{4} \dots \left(n - 1 - \frac{1}{4} \right) \left(\frac{\hat{Q}_v^2}{\langle \hat{Q}_v \rangle^2} - \mathbb{1} \right)^n \right]$$

- The amazing feature is, that for the expectation values of any coherent state $\Psi_{(c,p)}$ and any polynomial P : [Giesel, Thiemann '06]

$$\langle \Psi_{(c,p)}, P(\hat{V}_v^{AL}, \{\hat{h}\}) \Psi_{(c,p)} \rangle = \langle \Psi_{(c,p)}, P(\hat{V}_{k,v}^{GT}, \{\hat{h}\}) \Psi_{(c,p)} \rangle + \mathcal{O}(t^{k+1})$$

This allows us to replace \hat{V}_v^{AL} with e.g. $\hat{V}_{1,v}^{GT}$ and to compute every expectation value correctly up to $\mathcal{O}(t^2)$!

The Volume Operator III

We are now in the situation that we have on six edges a polynomial of \hat{E} and can thus use (18):

$$\begin{aligned}
 \langle \Psi_{(c,p)}, \hat{Q}_v^N \Psi_{(c,p)} \rangle &= \\
 &= \langle \Psi_{(c,p)}, i^N \left(6(\hat{E}_1^I + \hat{E}_{-1}^I)(\hat{E}_2^J + \hat{E}_{-2}^J)(\hat{E}_3^K + \hat{E}_{-3}^K) \epsilon_{IJK} \right)^N \Psi_{(c,p)} \rangle = \\
 &\sim (6i)^N \left(\frac{2\eta i}{t} \right)^{3N} \left[2^N + \frac{t}{2\eta^2} (N^2 + 3N) 2^{N-2} - \frac{t}{2\eta} N 2^N \coth(\eta) \right]^3
 \end{aligned}$$

and finally using the definition of the Giesel-Thiemann volume we approximate the Ashtekar-Lewandowski volume operator (with \mathcal{N}^3 being the number of vertices in σ)

$$\begin{aligned}
 \langle \Psi_{(c,p)}, \hat{V}(\sigma) \Psi_{(c,p)} \rangle &= \mathcal{N}^3 (\mu^2 p)^{3/2} \times \\
 &\times \left[1 + t \frac{3a^4 \beta^2}{4\mu^4 p^2} \left(\frac{7}{8} - \frac{\mu^2 p}{a^2 \beta} \coth\left(\frac{\mu^2 p}{a^2 \beta}\right) \right) + \mathcal{O}(t^2) \right] \quad (22)
 \end{aligned}$$

- $\Psi_{(c,p)}$ is a state in the full theory, peaked in holonomy and flux of flat RW metric, (c, p) :

$$\langle \hat{h}_{ab} \rangle = D_{ab}^{(1/2)}(n e^{-i\mu c \sigma_3/2} n^\dagger)[1 + \mathcal{O}(t)]$$

$$\langle \hat{E}^k \rangle = \mu^2 p D_{-k0}^{(1)}(n)[1 + \mathcal{O}(t)]$$

- We can compute expectation value of polynomials in holonomy and polynomials in flux. E.g., relative dispersions:

$$\delta h_{ab} := \frac{\langle \hat{h}_{ab} \hat{h}_{ab} \rangle}{\langle \hat{h}_{ab} \rangle^2} - 1 = t f(p, c, n)$$
$$\delta E^k := \frac{\langle \hat{E}^k \hat{E}^k \rangle}{\langle \hat{E}^k \rangle^2} - 1 = t g(p, n)$$

- We can compute expectation value of (G-T) volume operator:

$$\langle \hat{V}(\sigma) \rangle = \mathcal{N}^3 (\mu^2 p)^{3/2} [1 + \mathcal{O}(t)]$$

Dynamics: The Quantum Hamiltonian

We take a *non-graph-changing* regularization [Giesel, Thiemann, '06] of the scalar-constraint as quantized by Thiemann [98]

$$\hat{H} = \hat{H}_E - (\beta^2 + 1)\hat{H}_L$$

where

$$\begin{aligned}\hat{H}_E(N_v) &\sim \sum_{v \in V(\gamma)} N_v \sum_{e \cap e' \cap e'' = v} \epsilon(e, e', e'') \times \\ &\times \text{Tr} \left(\left(\hat{h}(\square_{ee'}) - \hat{h}(\square_{ee'})^{-1} \right) \hat{h}(e'') \left[\hat{h}(e'')^{-1}, \hat{V}_{1,v}^{GT} \right] \right)\end{aligned}$$

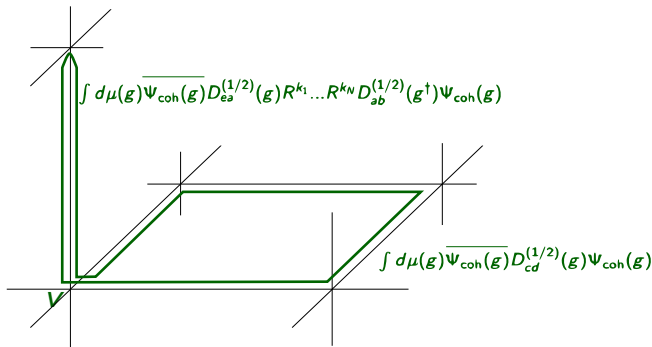
$$\begin{aligned}\hat{H}_L(N_v) &\sim \sum_{v \in V(\gamma)} N_v \sum_{e \cap e' \cap e'' = v} \epsilon(e, e', e'') \times \\ &\times \text{Tr} \left(\hat{K}(e) \hat{K}(e') \hat{h}(e'') [\hat{h}(e'')^{-1}, \hat{V}_{1,v}^{GT}] \right)\end{aligned}$$

with the extrinsic curvature $\hat{K}_{ab}(e)$ given by

$$\hat{K}(e) = \hat{h}(e) [\hat{h}(e)^{-1}, [\hat{H}_E(1), \hat{V}_{1,v}^{GT}]]$$

Action of the Euclidean part

$$\hat{H}_E(N_v) \sim \sum_{v \in V(\gamma)} N_v \sum_{e \cap e' \cap e'' = v} \epsilon(e, e', e'') \times \\ \times \text{Tr} \left((\hat{h}(\square_{ee'}) - \hat{h}(\square_{ee'})^{-1}) \hat{h}(e'') \left[\hat{h}(e'')^{-1}, \hat{V}_{1,v}^{GT} \right] \right)$$



$$H_{\text{eff}}(p, c) := \langle \hat{H}_E \rangle - (\beta^2 + 1) \langle \hat{H}_L \rangle + \mathcal{O}(t)$$

Isotropic cosmology \Rightarrow choose lapse function $N_v = 1$. One finds:

$$\langle \hat{H}_E \rangle = \mathcal{N}^3 \mu \sqrt{p} \sin(c\mu)^2 \left[c_1 + t \left(c_2 \frac{\coth(c_3 \mu^2 p)}{\mu^2 p} - c_4 \frac{1}{(\mu^2 p)^2} \right) + \mathcal{O}(t^2) \right]$$

- Identify the number of vertices with the inverse coordinate volume ($\mathcal{N} = \mu^{-1}$):

$$\langle \hat{H}_E \rangle \sim \sqrt{p} \frac{\sin(c\mu)^2}{\mu^2} [1 + \mathcal{O}(t)]$$

- In the classical limit $t \rightarrow 0$ we obtain a lattice theory, which equals the effective one of LQC (in what scheme? Depends on what μ is...)
- In the classical&continuum-limit $t, \mu \rightarrow 0$ we obtain the classical cosmological Hamiltonian $\sqrt{p}c^2$

The Effective Lorentzian Hamiltonian

Recall that we also have Lorentzian part!

$$H_{\text{eff}}(p, c) \sim \sqrt{p} \frac{\sin(c\mu)^2}{\mu^2} - (\beta^2 + 1) \langle \hat{H}_L \rangle + \mathcal{O}(t)$$

Due to limited space, we only present the leading order:

$$\langle \hat{H}_L \rangle \sim \frac{1}{4\beta^2} \sqrt{p} \frac{\sin(2c\mu)^2}{\mu^2} + \mathcal{O}(t)$$

- Again we find a term, that reduce to the classical function for $t, \mu \rightarrow 0$
- HOWEVER: it is *different* from the one euclidean one, and not accounted for in LQC!

Effective Hamiltonian from full theory:

$$\begin{aligned}
 H_{\text{eff}}(p, c) &\sim \sqrt{p} \frac{\sin(c\mu)^2}{\mu^2} - \frac{\beta^2 + 1}{4\beta^2} \sqrt{p} \frac{\sin(2c\mu)^2}{\mu^2} + \mathcal{O}(t) \sim \\
 &\sim -\frac{1}{\beta^2} \sqrt{p} \frac{\sin(c\mu)^2}{\mu^2} [1 - (1 + \beta^2) \sin(c\mu)^2] \quad (23)
 \end{aligned}$$

Genuinely different from LQC effective dynamics. It can be reproduced within LQC (with $\mu \rightarrow \bar{\mu}$) from the following operator:

$$\hat{H}_{\text{LQC}}^{\text{new}} \sim \frac{\hat{N}_\lambda - \hat{N}_{-\lambda}}{2\lambda} \hat{v} \frac{\hat{N}_\lambda - \hat{N}_{-\lambda}}{2\lambda} \hat{v} - \frac{\beta^2 + 1}{4} \frac{\hat{N}_{2\lambda} - \hat{N}_{-2\lambda}}{2\lambda} \hat{v} \frac{\hat{N}_{2\lambda} - \hat{N}_{-2\lambda}}{2\lambda} \hat{v}$$

Action of \hat{H}_{LQC}^{new} on $\Psi(\nu) \in \mathcal{H}_{LQC}$ is quartic equation:

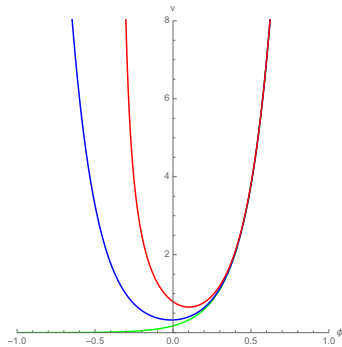
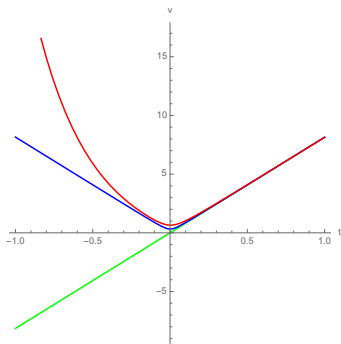
$$\hat{H}_{LQC}^{new} \Psi(\nu) \sim C_+(\nu) \Psi(\nu + 4\lambda) + D_0(\nu) \Psi(\nu) + C_-(\nu) \Psi(\nu - 4\lambda) + D_+(\nu) \Psi(\nu + 8\lambda) + D_-(\nu) \Psi(\nu - 8\lambda)$$

- Similar operator obtained within LQC [Yang, Ding, Ma '09] by a more “Thiemann-like” quantization of H_L .
- \hat{H}_{LQC}^{new} passes von Neumann test on numerical stability \Rightarrow suited for numerical evolution by LQC methods.
- Will the quantum evolution be well-approximated by the effective Hamiltonian $H_{\text{eff}}(p, c)$? We do not know yet.

Take seriously this effective Hamiltonian: what evolution does it generate? Add a scalar field ϕ :

$$H = H_\phi + H_{\text{eff}} = \frac{p_\phi^2}{2p^{3/2}} - \frac{3}{8\pi\beta^2} \sqrt{p} \frac{\sin(c\bar{\mu})^2}{\bar{\mu}^2} [1 - (1 + \beta^2) \sin(c\bar{\mu})^2] \approx 0$$

Hamilton equations solved numerically (plot for $\beta = 0.12, p_\phi = 1$):



(red = toy model; blue = LQC; green = GR)

Conclusions: what was shown

- Tools to compute expectation values on complexifier CS's
- Proposal for such CS's representing Robertson-Walker geometry (with $k = 0$)
- Application of tools to geometric operators (e.g., Volume)
- Application of tools to scalar constraint
 \Rightarrow cosmological effective Hamiltonian

$$H_{\text{eff}}(p, c) = c_1 \sqrt{p} \frac{\sin(c\mu)^2}{\mu^2} - c_2 \sqrt{p} \frac{\sin(2c\mu)^2}{\mu^2} + \mathcal{O}(t)$$

- If lattice length $\mu \rightarrow 0$, $H_{\text{eff}} = H_{\text{class}}$. If instead $\mu = \bar{\mu}$, then $H_{\text{eff}} = H_{\text{LQC}}[1 - (1 + \beta^2) \sin(c\bar{\mu})^2]$.
- Proposal of operator $\hat{H}_{\text{LQC}}^{\text{new}}$ on \mathcal{H}_{LQC} that corresponds to H_{eff} . It produces a numerically stable 4th order difference equation.
- The evolution generated by H_{eff} coincides with effective LQC (and GR) today, but in the early universe we have difference
 \Rightarrow big bounce scenario is modified.

Conclusions: what to do next

- As for volume: ideas to obtain matrix elements from expectation values.
- As for Hamiltonian: modification to LQC effective dynamics is due to the Lorentzian term, which we regularize à la Thiemann. Different regularization (i.e., Warsaw Hamiltonian) will lead to different result, even at leading order!
⇒ Must fix this arbitrariness (e.g., by renormalization group).
- Study quantum evolution generated by \hat{H}_{LQC}^{new} .
- Extend to: $k \neq 0$; anisotropic cases.
- Extend beyond cosmology (e.g., spherical symmetry).

THANK YOU!

Why $\sin(2c\mu)^2$?

The extrinsic curvature

$$\hat{K}(e) = \hat{h}(e)[\hat{h}(e)^{-1}, [\hat{H}_E(1), \hat{V}_v]] \longrightarrow e^{c\mu\tau} \{e^{-c\mu\tau}, \{H_E(1), p^{3/2}\}\}$$

Since $H_E(1) \sim \sqrt{p} \sin(c\mu)^2 / \mu^2$, one finds

$$\begin{aligned} K(e) &= e^{c\mu\tau} \{e^{-c\mu\tau}, \{H_E(1), p^{3/2}\}\} \sim \frac{3}{2\mu^2} e^{c\mu\tau} \{e^{-c\mu\tau}, p\} \{\sin(c\mu)^2, p\} \\ &\sim -\frac{3}{2} 2 \sin(c\mu) \cos(c\mu) \tau \\ &\sim \sin(2c\mu) \tau \end{aligned}$$

So

$$\begin{aligned} H_L &= \sum_v \sum_{e \cap e' \cap e''} \epsilon(e, e', e'') \text{Tr} (K(e) K(e') h(e'') \{h(e'')^{-1}, V_v\}) \\ &\sim \mathcal{N}^3 \mu \sqrt{p} \sin(2c\mu)^2 \sum_{e \cap e' \cap e''} \epsilon(e, e', e'') \text{Tr}(\tau_e \tau_{e'} \tau_{e''}) \\ &\sim \sqrt{p} \frac{\sin(2c\mu)^2}{\mu^2} \end{aligned}$$